

Terms and Conditions for Registration & the Walk.

1. The Bridge the Gap Charity Walk (“the Walk”) is organised by Press Relief, the University of Cambridge, and the Arthur Rank Hospice (“the Organisers”)
2. Everyone who takes part in the Walk must be registered as a “Walker”. This can be done either by completing a registration form online at www.bridgethegapwalk.org, or by completing a paper form. Paper forms can be found in any branch of the Cambridge Building Society or requested from Arthur Rank Hospice Charity (01223 723115) or Press Relief. Completed forms must be returned to Bridge the Gap, either by post, c/o Press Relief, Cambridge News, Winship Road, Milton, Cambridge, CB24 6PP, or handed in at any branch of the Cambridge Building Society.
3. The charge for taking part in the Walk is £15 per adult (a person who is aged 17 or over on the day of the walk, 12th September 2010). The cost is reduced to £10 per Walker if payment is received no later than 31st August 2010. Payment must be completed at time of registration. There is no charge for Walkers aged 16 or under on the day. Registration fees are non-refundable, unless the event is cancelled by the Organisers, in which case a full refund will be made.
4. Children and young people aged 16 and under must be accompanied by an adult at all times.
5. The event is a charity walk, and not a race. It is about 7 km (4.5 miles) in length. In the Organiser’s opinion it is suitable for Walkers of all ages and abilities. However, the Organisers can take no responsibility for Walkers’ medical conditions. If any Walker in is any doubt about their fitness and/or ability to participate in and/of complete the walk, they should seek medical advice.
6. Disabled entrants are welcome and a wheelchair access route is available. For further information prospective Walkers should contact the Organisers, either by email (info@bridgethegapwalk.org) or by phone (01223 723115)
7. Persons taking part in the Walk do so at their own risk. The sponsors, Organisers, contractors and agents shall not be liable in any way for injury, loss, damage or death that might occur as a result of participation in this event, unless by negligence on their part.
8. The Organisers cannot accept responsibility for personal effects. There is nowhere to leave personal belongings on Jesus Green or on the route.
9. Walkers should wear appropriate shoes and clothing for the day and carry sun cream, a hat and an umbrella.
10. Walkers should take care when crossing roads and use pedestrian crossings as signed or as directed by the Organisers’ stewards.
11. Walkers should not run. This is a walk, not a race, and there may be uneven ground.
12. The Colleges are private property and in many cases are people’s homes as well as seats of learning. Please respect them as such. In particular:

- No dogs other than Guide Dogs are allowed in College grounds;
 - Please do not walk on the grass in College grounds, except where specifically directed to do so by the stewards;
 - Please do not smoke, picnic, or release balloons within College grounds.
13. Walkers should visit all the checkpoints shown in the programme. In that way they will receive proof of completion of the whole Walk, which may be necessary for some sponsors. The checkpoint stickers make good collectors' items.
14. Sponsorship. This event is held for the enjoyment of participants and to raise funds for two important local charities. The Organisers ask that each walker will try to obtain at least £20 in sponsorship in addition to the entrance fees. A 'Just Giving' page is available on the website, and the use of this allows Gift Aid to be claimed directly. Sponsorship forms are also available online, and can be downloaded and printed if required. Walkers are requested to Gift Aid any donations wherever possible. Once sponsorship money has been collected the money and the sponsorship form should be returned to the Organisers. Cheques should be made payable to 'Bridge the Gap'. Sponsorship money can either be paid into any branch of the Cambridge Building Society or sent to Bridge the Gap, c/o Press Relief, Cambridge News, Winship Road, Milton, Cambridge, CB24 6PP by 15th October 2010.
15. Walkers who register online or by post receive an appropriate registration pack, either through a download, or by post. **The pack includes a unique registration number and/or bar code. This should be brought to the Walk.** This is proof of payment and entitles the Walker(s) to participate in the Walk and receive a balloon, a bottle of water and a programme (programme numbers may have to be limited for large groups). Sponsors and supporter organisations may also offer gifts, but these are entirely at the individual sponsor's discretion.
16. The official start time of the walk is at 09.30 am, but Walkers may start any time between 09.30 and 11.00 am. Walkers should note that no starts will be allowed after 11.00 am. The first colleges visited start to close at 12 noon, and all colleges will be closed by 2.00 pm.